

# **Report of the Strategic Director of Health and Wellbeing and the Chief Officer of Bradford City, Bradford Districts and Airedale, Wharfedale and Craven Clinical Commissioning Groups to the meeting of The Bradford and Airedale Health and Wellbeing Board to be held on 29<sup>th</sup> November 2016.**

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**Subject:****N**

**Working Better Together 2: Mental Wellbeing in Bradford District and Craven: A Strategy 2016 - 2021**

**Summary statement:**

**The Mental Wellbeing Strategy has been developed through intensive collaborative work during April – October 2016. It is presented to the Health and Wellbeing Board for approval and to request views on the proposed approach to implementation.**

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**Overview & Scrutiny Area:****Health and Social Care**

## 1. SUMMARY

The Mental Wellbeing Strategy for Bradford District and Craven 2016 - 2021 has been developed through intensive collaborative work during April – October 2016. It is presented to the Health and Wellbeing Board for approval and to request views on the proposed approach to implementation.

## 2. BACKGROUND

The Publication draft of the Mental Wellbeing Strategy for Bradford District and Craven is brought to the Health and Wellbeing Board for consideration and approval – the full strategy forms Appendix 1 to this paper.

In April 2016 the Board discussed the proposed approach to developing a strategy and gave detailed feedback to the development team to encourage a strong focus on the wellbeing end of the spectrum – encouraging good mental wellbeing at a population level, ensuring a greater emphasis on prevention and early intervention and addressing health inequalities and the wider factors that impact on people's mental wellbeing.

Progress updates were received at Board meetings in July and again in September when it was agreed that the final strategy would return in November 2016. The Board resolved:

**That the Board receives the update and provides feedback to further shape the strategy and encourages wide participation in consultation on the draft strategy through its constituent organisations.**

As outlined in previous updates the strategy is informed by the external review of Joint Mental Health Commissioning (Autumn 2015) and the Joint Mental Health Needs Assessment.

All stages of its development have been informed by extensive engagement between commissioners and service users, carers, clinicians and other staff in voluntary and community sector and statutory NHS organisations.

The strategy responds to the Five Year Forward View for Mental Health (report of the Mental Health Taskforce) and the requirement of the Health and Social Care Act to value mental health equally with physical health (known as parity of esteem).

The strategy builds on successful and nationally recognised health and social care innovations in the Bradford district and Craven.



### 3. OTHER CONSIDERATIONS

The strategy has been developed through a collaborative process involving detailed stakeholder engagement. Its three strategic priorities are:

- Our wellbeing,
- Our mental and physical health
- Care when we need it.

There is a strong focus on prevention of mental ill health, early intervention, and taking action to avoid escalation where possible.

#### 3.1 IMPLEMENTATION

Prioritisation of commitments and action planning over next 5 years.

Under the leadership of the newly-formed Mental Health Partnership Board (MHPB), we are developing partnership arrangements to further the strategic objectives, identifying clear leadership and accountability to ensure that broader services and development plans promote mental wellbeing. At its November meeting the MHPB agreed an outline plan for the delivery of the strategy. It has agreed the creation of three sub-groups that will drive the delivery plans, based on work programmes delivering ***Our Wellbeing, Our mental and physical health and Care when we need it.***

The leadership of the ***projects under the ‘Our mental and physical health’ and ‘Care when we need it’ programmes*** has been agreed and groups to develop detailed plans are currently being formed. These groups will propose priorities for action across the timespan of the strategy based on

- already agreed commissioning priorities,
- 5 Year Forward View implementation targets and
- a consideration of how long initiatives will take to deliver outcomes.

Each group will develop a proposal for a comprehensive range of evidence based health and care metrics that will be used to measure detailed progress. Groups have been requested to deliver their initial action plans by the end of January 2017.

Given the increasing evidence base of social prescribing we will work with voluntary and community-based services to develop the community asset base as well as



provide a service offer.

The five year Mental Wellbeing strategy links to the Sustainability and Transformation Plans for Bradford District and Craven and West Yorkshire and to operational plans. We will look to other strategies (and their implementation plans) to achieve better mental wellbeing outcomes across the health and care system.

It should be noted that existing structures are already delivering against the strategic commitments set out in this plan.

Commissioning activity to deliver the strategy is already underway. Examples include the commissioning of a 'buddy system' with the VCS to work with specialist providers of CAMHS to address emotional and psychological distress at the earliest opportunity and supporting children and young people who are awaiting input from specialist services as well as supporting them through interventions. This initiative has been designed with local children and young people and is focussed on reducing current waiting lists for specialist CAMHS.

Commissioning plans in preparation that set out the business case for further development of the Primary Care Wellbeing service that provides psychological support to people with Medically Unexplained Symptoms and leads to significant reduction in inappropriate use of planned and unplanned hospital care and improves the quality of care for this group of patients.

Plans are underway for the procurement of the MH Wellbeing Navigation Service which provides services to adults with a serious and enduring mental health problem in partnership with BDCFT and a wide range of VCS and community organisations. The services provides a full assessment to identify needs followed by the development of an 'inclusion plan' (owned by the service user) which identifies a package/range of activities and support for the service user to access within the community over a maximum six month period.

#### **4. FINANCIAL & RESOURCE APPRAISAL**

The constituent organisations of the Health and Wellbeing Board have agreed a principle that the current spend for mental health should be, as a minimum, maintained at its current level. In 2016-17 the budget has been included for the first time in the joint planning and financial arrangements of the Bradford District Better Care Fund. It has been proposed that there should be joint commissioning of mental health and wellbeing services through this aligned budget.

#### **5. RISK MANAGEMENT AND GOVERNANCE ISSUES**

Mental Health governance structures have been developed in line with the agreements set out at the February 2016 meeting of the Health and Wellbeing Board and are



providing the leadership for the development of the strategy for Mental Health and Wellbeing. No outstanding risk issues are associated with this programme at the current time.

## **6. LEGAL APPRAISAL**

There are no specific legal issues are anticipated to arise from the development and publication of the Strategy for Mental Health and Wellbeing.

## **7. OTHER IMPLICATIONS**

### **7.1 EQUALITY & DIVERSITY**

The joint Strategy for Mental Wellbeing will address issues of equality and diversity as they apply to protected characteristics groups. In addition the Strategy will address inequalities that are not covered under the Equality Act 2010 for example relating to deprivation, as poor health outcomes, health inequalities, inequality of access and uptake of services are associated with areas of high deprivation.

### **7.2 SUSTAINABILITY IMPLICATIONS**

The Sustainability and Transformation Plans for Bradford and Craven and for West Yorkshire will address sustainability issues in relation to financial sustainability through the work to close the finance gap for the health and social care economy. Estates workstreams will address the sustainability issues set out in the Carter Review.

### **7.3 GREENHOUSE GAS EMISSIONS IMPACTS**

None

### **7.4 COMMUNITY SAFETY IMPLICATIONS**

No specific community safety issues are anticipated to arise from the development and publication of the joint Strategy for Mental Wellbeing.

### **7.5 HUMAN RIGHTS ACT**

The current position in respect of Human Rights Act implications, for example in relation to Deprivation of Liberty, is unlikely to be impacted by the publication of the Mental Wellbeing Strategy.



## **7.6 TRADE UNION**

None

## **7.7 WARD IMPLICATIONS**

None

## **8. NOT FOR PUBLICATION DOCUMENTS**

None

## **9. OPTIONS**

No options are provided

## **10. RECOMMENDATIONS**

*10.1 That the Board supports the Mental Wellbeing Strategy as the vision for the development of services and community assets to improve mental wellbeing in Bradford district and Craven*

*10.2 That the Board provides views on the initial implementation plans (section 3.1 above).*

## **11. APPENDICES**

Mental Wellbeing in Bradford District and Craven: A Strategy 2016-2021(Draft)

## **12. BACKGROUND DOCUMENTS**

None

